

Emerson Falcon News

EMERSON ELEMENTARY SCHOOL NEWSLETTER



December 1, 2020

VOLUME 4, ISSUE 4

From the Principal

Emerson Families,

Happy December! This month we celebrate joy in our lives. Though the year 2020 does not seem worthy of a year in review, it can also remind us of the simple joys in life. When one stops to reflect, a sense of warmth and calm begins to permeate an unusually tumultuous season. Take a moment to discover what brings you a sense of joy.

Here are some things to consider that could bring joy to you and others throughout the season:

***Smile.** It is free and there is no planning involved. When you smile others smile.

***Stay positive.** There are a lot of things that could come your way. You may have one difficult moment after another or several at once. Find your breath and think positive thoughts.

***Be kind.** When you think positively about others and are kind to them it makes you both feel better.

***Wish the best for others.** When others do well, congratulate them. Their success does not diminish yours.

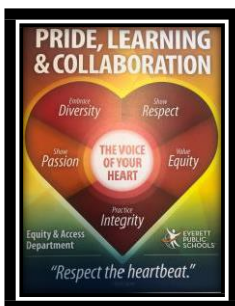
***Show gratitude.** Displaying a sense of gratitude and thankfulness can bring joy to both of you.

***Enjoy the little things.** Delight in a cup of hot tea, a warm fire, a pleasant song, a thrilling movie, a great book, or a fun treat.

We wish you a joyous holiday season!

Emerson Equity

Emerson is devoted to equity, inclusion, and belonging. Each month we will highlight a piece of our commitment to equity. This month we will focus on *Integrity*. We are committed to practicing integrity and acting in good faith serving others with honesty and dignity. We think of others, we don't gossip, and we do the right thing when nobody is watching. **Blythe Young, Principal**



Blythe Young
Principal
Kelly Bell
Assistant Principal

Emerson Elementary School
8702 7th Ave. SE
Everett, WA 98208
www.everettsd.org/emerson
425-385-6200

Dec. 3

Story Time with Dr. Saltzman
see information below

Dec. 4

Zoom Assembly with
Author/Illustrator 1:00pm

Dec. 18

Early Release 2:15pm

Dec. 21-Jan. 1

No School Winter break

Story Time with Dr. Saltzman

Thursday December 3 there will be a story time with Dr. Saltzman. You will need to go to the Emerson website and register. K-2 is at 7pm and 3rd-5th is at 7:15pm



From the Gym

Gary Niegemann

DECEMBER

MIND AND MUSCLE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Critical Thinking	"Being wealthy and wise gets you nowhere if you're not healthy."			What time is it? Perform a jumping jack for each minute after the hour. For example, 8:35—35 jumping jacks.	Take or have someone take your resting pulse. Now exercise until your heart rate increases 50 beats per minute.	
H ow much do you weigh? Subtract your age. Can you perform the difference in curl-ups in 2 minutes?	L ie on your stomach & have someone measure the distance from your head to your toes. How many inches is it? Can you long jump that distance?	<i>Do you think your arm span is equal to your height? Measure three people to see if this is true.</i>	B ounce a balloon off 7 different body parts, starting with your head. Can you name a major bone in each area contacted?	M easure the distance between two telephone poles. How many seconds does it take to run from one to the other?	W rite the first three scores for a tennis game. 1 _____ 2 _____ 3 _____	P redict how many baskets you will make from the foul line (or lane line) in one minute. Prediction _____ Actual _____
W ork on your V-sit & reach flexibility tests. Why is it unsafe to bounce while stretching?	R ead your food labels. Find out how many calories you consumed for dessert and do that many Jumping Jacks.	P lay catch with a football, then learn how to do your "snap" (number) signals 1-10 in Spanish or French. ("Ready, set, uno, dos.")	Perform 25 push-ups. If someone paid you \$1.50 for each one, how much would you make?	J og and count the number of windows and doors in your house. Develop an emergency exit plan in case of fire.	P redict how many steps it will take to walk one block. Prediction _____ Actual _____	P ractice kicking a soccer ball across a large field. Can you reach the other side faster with long kicks or short quick kicks close to your foot?
C reate a Frisbee™ golf course in your yard. Develop a scorecard & challenge your family to a game.	D ance to the oldies & make up a dance riddle. "Like an old game that stretches hands and FEET. A heavy-set singer sets it to a BEAT." (Chubby Checker, "The Twist.")	T he average heart beats 100,000 times a day. Take your pulse three times today. Morning _____ Afternoon _____ Evening _____	W ork on spinning three different kinds of balls. What provides the spin?	P redict how many minutes & seconds it will take to RUN around the block. Prediction _____ Actual _____	C reate a new dance & give it a name that sounds like the actual dance movements.	P ractice throwing a ball off a wall at an angle & try to predict where it will rebound.
C ount your calories for 1 day. _____ Calories consumed.	C reate a 3-person balance where two people are off the floor.	P lay a game of sit-up tic-tac-toe with a partner. Find paper & pencil. Alternate sit-ups & mark the grid.	W ithout looking at a map, write down all of the fifty states you know. Do a push-up for each one you don't know.	R ead a sports story in the newspaper. Then go & play that sport.	P rint the alphabet while in a push-up position.	I nvent a new racket sport that can be played indoors with a flat hand & a rolled-up sock.
M ake a New Year's fitness resolution.						

From the Library

Please remember to return any library books that are overdue. You can return them in the school office Monday-Friday from 8am-4pm

Maggie Doud, Librarian

Material Distribution

December 4th

1:30-3:30pm for these classes only unless you have been notified by your students' teacher to pick up missed materials at this time.

- Kindergarten
- Pre-School
- Ms. Shaw

HOLIDAY HELP 2020

(Please read the directions carefully, you must apply and qualify for these services. These are not Everett school district services.)

Volunteers of America (VOA)

The VOA provides extra help for the holidays to low-income residents in the 98012, 98087, 98201, 98203, 98204, and 98208 area codes. To see if you would qualify and to apply see the website. <https://www.voaww.org/holiday-giving-program-2020>

The Northwest Salvation Army

The Salvation Army has an "angel" program where they gift clothes and toys to kids. Go to the website for more information and to fill out an application.

<https://saangeltree.org/>

Toys for Tots

Toys for Tots provides two toys/items for all kids. Those who receive TANF benefits should go through their DSHS office/social worker for guarantee. However, families can fill out the application online and they will know within 48/72 hours of their status but may be denied. Applications are open now and close 12/15. Go to the website for more information and the application at

<https://everett-wa.toysfortots.org/local-coordinator-sites/lco-sites/default.aspx?nPageID=100&nPreviewInd=200>

Dear Community Members,

Volunteers of America in partnership with community members, groups and churches would like to offer your family the opportunity to apply for the 2020 Holiday Giving Program. Holiday Giving has been a long standing tradition in Snohomish County and we hope that we will be able to help your family throughout the holiday season.

This year we will be accepting applications online at www.voaww.org or by phone (425)212-5342 beginning Friday, October 9th continuing until full.

Eligibility is based on income, family size and residing zip code. Currently we are only able to serve 98012, 98087, 98201, 98203, 98204 or 98208 based on our sponsors.

Depending on sponsorship, your family *may* receive a Christmas food basket, Christmas gifts for children, or a combination of items. Please be aware that *there is no guarantee that your family will receive sponsorship* even though we will make our best effort to find a sponsor match for your family.

Important Attendance Information

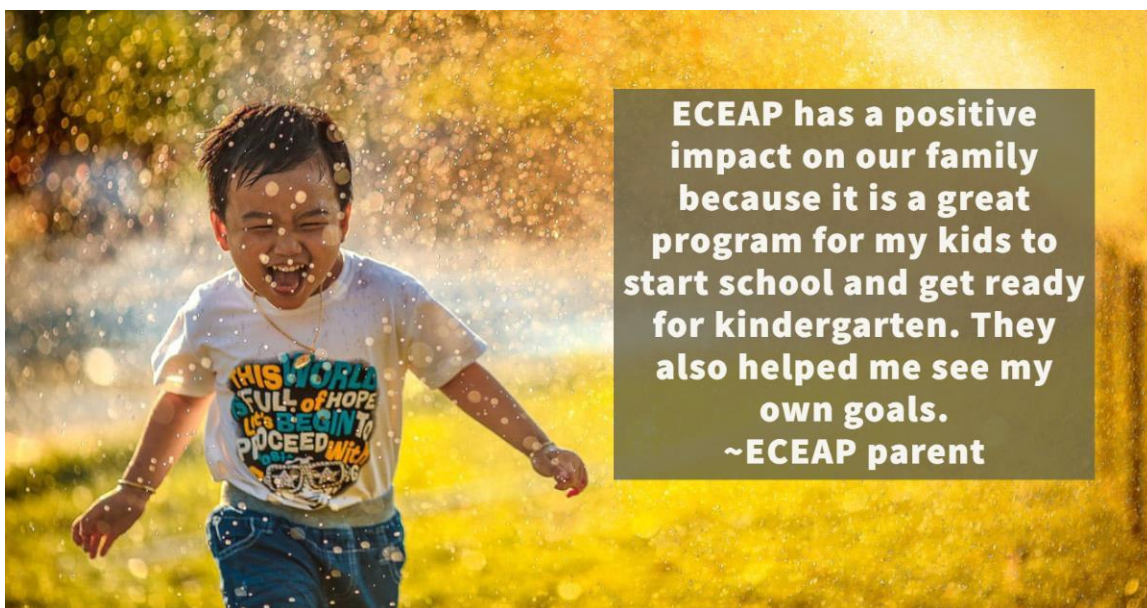
- Teachers take their classes daily attendance, they are not responsible for reporting your student's absence to the office.
- Teachers will update the student's attendance twice. They take attendance once in the morning during the zoom class. Then again, the next day in the morning they will update all the students that missed the zoom but logged in and did other class work that day.
- Please report your student's absence by calling the attendance line or by sending it to the attendance email.
- We are taking a 24hr attendance during remote learning. What this means is that your student has all day to login for zooming with their teacher, to login with their specialist and login to do schoolwork.
- If your student will not be doing remote learning for the 24hr. time frame (**not getting on the computer at all**) that is when you need to report the absence to the attendance line.
- Please report if your student is ill and will not be online all day.
- Please report if you will be on vacation and they will not be on the computer all day.
- Please report if they do not have internet access all day.
- Attendance line 425-385-6205
- Attendance email emeattendance@everettsd.org
- Thank you, Monique Juarez, OA/Attendance

ECEAP preschool is still enrolling for 2020-21

Everett Public Schools Early Childhood Education & Assistance Program (ECEAP) is a FREE preschool program for three- and four-year-old children from families with limited income. ECEAP prepares children for kindergarten and includes family support and health and nutrition services. It is funded in partnership with [Snohomish County Human Services](#) and [Washington State Department of Children, Youth and Families](#).

ECEAP is providing remote preschool services this fall including virtual circle times and small groups, video libraries of fun, engaging activities, and learning materials for home-based activities. Additionally, ECEAP supports parents as their child's first and most important teacher through regular parent-teacher check-ins, family support coaching, resources, and online family support groups and informational classes.

The six ECEAP sites within our schools are Cedar Wood, Garfield, Hawthorne, Lowell, Madison and Silver Lake elementary schools. Additional community locations are available. Space is limited – apply today! For an application or more information, please call 425-385-4628, email eceap@everettsd.org or visit our website: <https://www.everettsd.org/Page/5962>



The gift of attendance

Absences spike in the weeks before and after the winter holiday as families squeeze in a few more vacation days. Just a few missed days here and there, even excused absences, can add up to too much lost learning time and put your child behind in school. This is as true in kindergarten as it is in high school. Put simply, too many absences at any age can affect a student's chances for academic success and eventually for graduation. This holiday season give your children the gift of an education and the habit of attendance.



Family resources

Could you or a family you know use some help? Find information and links to helpful resources on the district's [Parent Tools webpage](#):

- Washington State Library – local and regional information about services and agencies offering help to families in a variety of ways including food, shelter, clothing, childcare, legal services, employment opportunities, and counseling
- Everett Public Schools [Kids In Transition \(KIT\) program](#) – supports homeless children and youth to continue their education
- Snohomish Health District for Snohomish County community dental resources for children and adults
- United Way of Snohomish County – 2-1-1 is a free telephone number that is your best "first call" to quickly find the right source of help. The information line is staffed by trained operators from Volunteers of America Western Washington who can connect you to a wide range of community services

Transitional Kindergarten Program

Everett Public Schools is offering a **Transitional Kindergarten** program this winter for children scheduled to enter kindergarten in the upcoming fall (2021). The program will focus on basic academic, social and self-help skills to jumpstart qualifying students toward success in school. Students will be screened in December and early January and may qualify based on ability and/or need. This program will be located at some of the elementary schools in our district or remote, depending on the current district learning plan; sites will be determined based on enrollment and space availability. The anticipated start date is February 4, 2021. **Transitional Kindergarten** will run through the last day of school, which is currently June 21, 2021.

To qualify for screening, children must:

- be 5 years old by August 31, 2021
- live within the boundaries of Everett Public Schools
- not be currently enrolled in an early learning program
- demonstrate academic and/or social-emotional needs

The parent inquiry form is available online. Families who are interested should visit the early learning website and submit the form by December 6, 2020. For assistance or questions, contact Helen Cooley at 425-385-4088 or Early Learning at 425-385-4024.



Accepting Highly Capable nominations until Dec. 18

Find forms, information and evening events on the [Highly Capable website](#). Referrals are for students currently in grades one through four for winter testing, which will take place on February 6, 2021.

Delayed start or closed schools

If weather and road conditions call for closing school buildings, all learning will be cancelled, including remote learning. Remote learning must be cancelled because students who are learning in the building may not have their devices at home, and teachers who have been working in the building may not have the equipment or resources to teach from home.

If we must cancel school or delay the start of school, we will use our parent communication system to call in the morning, typically around 5:30 a.m., with a brief message about the reason for closure or delay. We will also use local media and post the message on our website. **If there is no announcement about Everett Public Schools, school is on the regular schedule.** More information and resources for school closures or delays is on the district website under the *Parents* tab.

In cases of inclement weather or other emergencies, please:

- check your email or phone for district messages
- listen for media announcements
- view the district's website at <https://www.everettsd.org/>
- watch district [Facebook](#), [Twitter](#) or [Instagram](#) accounts

Board of Distinction

Everett Public Schools board of directors earned high honors with the designation as a *Board of Distinction 2020*. Applications are reviewed by a panel of judges that includes former and current educational service district superintendents, State Board of Education board members, former school directors and other education leaders in Washington state. Scoring is based on how well applicants show alignment with the Washington School Board Standards, support their statements with data and demonstrate a link between outcomes and decisions made by the board.



Everett Public Schools board of directors front: April Berg, Caroline Mason, Andrew Nicholls. Back: Pam LeSesne, Traci Mitchell

Stay connected

With the increase of communications due to remote learning, it is very important the district has an updated phone number and email address in the communication system. Everett Public Schools believes communication with parents and the community is important and recently published a new resource called "[Stay Connected](#)" which shows the different ways you can regularly keep informed. Visit the communications overview page on the district's website for details.



3900 Broadway
Everett, WA 98201
425-385-4000
www.everettsd.org

• Everett Public Schools does not discriminate in any programs or activities on the basis of
• sex, race, creed, religion, color, national origin, age, veteran or military status, sexual
• orientation, gender expression or identity, disability, or the use of a trained dog guide or
• service animal and provides equal access to the Boy Scouts and other designated youth
• groups. The following employees have been designated to handle questions and complaints
• of alleged discrimination:

• Title IX/Civil Rights
• Compliance Officer:
• Mary O'Brien
• 425-385-4106
• MO'brien@everettsd.org
• PO Box 2098
• Everett, WA 98213

Section 504 Coordinator:
Dave Peters
425-385-4063
DPeters@everettsd.org
PO Box 2098
Everett, WA 98213

ADA Coordinator:
Randi Seaberg
425-385-4104
RSeaberg@everettsd.org
PO Box 2098
Everett, WA 98213

Preescolar de ECEAP todavía está inscribiendo estudiantes para el año escolar 2020-2021

El Programa de Educación Temprana y de Asistencia de las Escuelas Públicas de Everett (ECEAP) es un programa de preescolar GRATUITO para niños de tres a cuatro años de edad para familias con ingresos limitados. ECEAP prepara a los niños para el kínder e incluye apoyo a las familias y servicios de salud y nutrición. Está financiado en asociación con [Snohomish County Human Services](#) y con [Washington State Department of Children, Youth and Families](#).

ECEAP está proporcionando servicios de preescolar remotos este otoño que incluyen actividades virtuales de “circle time”, grupos pequeños, video librerías de diversión, actividades de participación y materiales de aprendizaje para realizar en casa. Además, ECEAP apoya a los padres para que sean los primeros y más importantes maestros de sus hijos a través de colaboraciones regulares entre los padres y maestros denominadas “check-ins”, entrenamiento para el apoyo familiar, recursos, y grupos de apoyo para familias en línea así como clases informativas.

Los seis sitios de ECEAP en nuestras escuelas son las escuelas primarias Cedar Wood, Garfield, Hawthorne, Lowell, Madison y Silver Lake. Además contamos con lugares comunitarios. El cupo es limitado -¡aplique hoy mismo! Para recibir una solicitud o para más información, por favor llame al 425- 385-4628, email eceap@everettsd.org o visite nuestra sitio web: <https://www.everettsd.org/Page/5962>



El regalo de la asistencia

La ausencia escolar se eleva en las semanas previas y posteriores a las fiestas decembrinas que es cuando las familias acomodan sus vacaciones. Con algunos días que se falten por aquí ahora y por allá después, incluso las ausencias justificadas se van sumando a demasiada pérdida de tiempo de aprendizaje y pone a su hijo/a en un rezago académico en la escuela. Esta situación es válida tanto en el kínder como en la preparatoria. Para ponerlo sencillo, tener demasiadas ausencias a cualquier edad puede afectar las posibilidades de que un estudiante logre su éxito académico y eventualmente su graduación. En esta temporada de fiestas decembrinas dele a sus hijos el regalo de una educación y el hábito de asistencia.



Recursos familiares

¿Usted o su familia necesita ayuda? Encuentre información y vínculos para recursos útiles de la página de herramientas del distrito ([Parent Tools webpage](#)):

- Biblioteca del Estado de Washington- información local y regional acerca de servicios y agencias que ofrecen ayuda a las familias en una variedad de formas que incluyen: alimentos, albergue, ropa, cuidado infantil, servicios legales, oportunidades de empleo y consejería.
- El programa de [Kids In Transition \(KIT\)](#) de las Escuelas Públicas de Everett- Brinda apoyo a los niños y jóvenes sin hogar para que continúen su educación.
- El distrito de salud de Snohomish (Snohomish Health District) para recursos dentales comunitarios del condado de Snohomish para niños y adultos.
- United Way of Snohomish County – El número 2-1-1 es el número telefónico que es su mejor “primera llamada” para conseguir la fuente correcta de ayuda rápidamente. La línea de información está atendida por operadores capacitados de “Volunteers of America Western Washington” que pueden conectarlo con una gran variedad de servicios comunitarios.

Programa de Transición al Kínder (Transitional Kindergarten Program)

Las Escuelas Públicas de Everett están ofreciendo el **programa de transición al kínder** este invierno para niños que están programados a ingresar al kínder el próximo año escolar 2021 en otoño. El programa se concentrará en destrezas académicas básicas, autoayuda y destrezas sociales para arrancar a los alumnos calificados a que tengan éxito en la escuela. Los estudiantes serán valorados en diciembre y principios de enero y podrán calificar en base a sus habilidades y/o necesidades. Este programa estará localizado en algunas de las escuelas primarias en nuestro distrito o vía remota, dependiendo del plan de aprendizaje en el que esté el distrito. Los sitios serán determinados en base a la matriculación y espacio disponible. La fecha anticipada de inicio es el 4 de febrero de 2021. **El programa de transición al kínder** cubrirá y terminará hasta el último día escolar, que es actualmente el 21 de junio de 2021.

Para calificar para una valoración, el niño/a deberá:

- Tener 5 años de edad para el 31 de agosto de 2021.
- Vivir dentro de los límites escolares de las Escuelas Públicas de Everett.
- No estar actualmente inscrito en algún programa de aprendizaje temprano (early learning).
- Demostrar necesidades académicas y/o socioemocionales.

El formulario para que los padres se informen más (inquiry form) está disponible en línea. Las familias que están interesadas, deben visitar el sitio web de “early learning” y presentar el formulario para el 6 de diciembre de 2020. Para preguntas o asistencia, contáctese con Helen Cooley al 425-385-4088 o en Early Learning al 425-385-4024.



Estamos aceptando nominaciones para alumnos altamente capaces hasta el 18 de diciembre (Highly capable nominations)

Encuentre los formularios, información y eventos vespertinos en el [sitio web de alumnos altamente capaces \(Highly Capable\)](#). Las referencias o recomendaciones son para los alumnos que estén actualmente en el primer grado hasta el cuarto grado para las pruebas de diciembre, que se llevarán a cabo el 6 de febrero de 2021.

Retrasos en la hora de inicio de clases o cierres escolares

Si las condiciones climatológicas y del camino dan pauta al cierre de los planteles escolares, todo el aprendizaje será cancelado, incluyendo el aprendizaje remoto. El aprendizaje remoto deberá ser cancelado debido a que los estudiantes que están aprendiendo en los planteles puede que no cuenten con dispositivos en casa, y los maestros que trabajan en los planteles puede que no tengan el equipo o recursos para impartir sus clases desde casa.

Si debemos cancelar las escuelas o retrasar la hora de inicio de clases, usaremos nuestro sistema de comunicación para padres en la mañana, típicamente alrededor de las 5:30 am, con un breve mensaje sobre la razón del cierre o retraso. También utilizaremos medios de comunicación locales y publicaremos el mensaje en el sitio web. **Si no hay ningún anuncio sobre las Escuelas Públicas de Everett, las escuelas tendrán su horario normal de clases.** Para más información y recursos sobre los cierres o retrasos escolares visite el sitio web del distrito bajo la pestaña de *Parents*.

En los casos de las inclemencias climatológicas u otras emergencias, por favor:

- Verifique su email o teléfono para revisar mensajes del distrito
- Escuche los anuncios de los medios de comunicación.
- Consulte el sitio web del distrito en <https://www.everettsd.org/>
- Esté al pendiente de las cuentas de [Facebook](#), [Twitter](#) o de [Instagram](#)

Board of Distinction 2020 (Junta Escolar Distinguida 2020)

La junta de directores de las Escuelas Públicas de Everett obtuvieron altos honores con la designación de *Board of Distinction 2020* (Junta Escolar Distinguida 2020). Las aplicaciones son revisadas por un panel de jueces que incluyen superintendentes y ex-superintendentes de educación, miembros de la junta estatal de educación, ex-directores y otros líderes de educación del estado de Washington. Los puntajes se basaron en que tan bien los aplicantes se alinearon a las Normas de la Junta Escolar de Washington, apoyaron sus declaraciones con datos y demostraron un vínculo entre sus resultados y decisiones hechas.



Junta de directores de las Escuelas Públicas de Everett: Al frente: April Berg, Caroline Mason, Andrew Nicholas. Atrás: Pam LeSesne, Traci Mitchell

Manténgase conectado

Con el aumento en las comunicaciones debido al aprendizaje remoto, es muy importante que el distrito tenga sus datos actualizados de teléfono y email en el sistema de comunicaciones. Las Escuelas Públicas de Everett cree que la comunicación con los padres y la comunidad es importante, para lo cual la reciente publicación de una nueva fuente denominada [“Stay Connected”](#) demuestra las diferentes maneras en que usted se puede mantener regularmente informado. Visite la página de la vista general de las comunicaciones en el sitio web del distrito para más detalles.



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Las escuelas públicas de Everett no discriminan en ninguno de sus programas o actividades por sexo, raza, credo, religión, color, país de origen, edad, estado veterano o militar, orientación sexual, expresión de género o identidad, discapacidad, o el uso de perros guía entrenados o animales de servicio, y provee con acceso equitativo a los Boy Scouts y a otros grupos juveniles designados. Los siguientes empleados han sido designados para gestionar las preguntas y quejas de presuntos actos de discriminación.

Title IX/Civil Rights

Compliance Officer:

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